

Here, yes right here where you've sitting, I often stopped for a break. Of course, it's a few hundred years ago now. Backthen, my colleagues and I were hauling tons and tons of salt from Hallstatt to the saltworks in Ebensee. That was hard work. Here I found rest and refreshment. I hope you'll be reinvigorated too.



### The Traunreiter

Get out and about. Get stuck in, touch, feel, try it out. Real life not Netflix. Trauntown not WhatsApp. Play your records instead of Spotify. The pleasure is all mine. Analog is the new organic. Great to have you here, can't wait to get your order.

welcome — to — trauntown — welcome — to — trauntown

### snacks

## 20 7 4 W

### Golden Bagel

 $(A \mid C \mid D \mid L \mid G \mid N)$ 

poached egg, avocado, smoked salmon and Hollandaise sauce in a Bagel

19,50

### **Speckdattulus**

 $(A \mid N \mid G)$ 

Dates wrapped in a speck jacket with blue cheese

7,50



### Mini Burger

 $(A \mid C \mid F \mid G \mid L \mid M \mid O)$ 

pulled beef, cheddar cheese and caramelised onion confit

8,50

### Flavored Chips

crispy chips double fried in oil flavoured with

- Rapeseed Oil..... 7,50

- Chili Oil ... 7,50

- Truffle Oil ..... 9,50

choice of sauce: Ketchup, Mayo, Truffle Mayo

(L) (C | F | M) (C | M)

#### Olive-Snack

 $(A \mid C \mid G \mid N)$ 

olives, parmesan, olive oil and bread

8,50



 $(A \mid C \mid G \mid N)$ 

Prosciutto, Parmesan cheese, Olives, Capers, dried tomatoes, Olive Tapenade, Grissini

Mini ..... 11

Midi ..... 19

Maxi ..... 29



### Pimientos de Padron

roasted with coarse sea salt

7,50

SNACKS—SNACKS—SNACKS—SNACKS—SNACKS—SNACKS

### handmade



### Super Sandwich

(A|C|F|M|O)

crispy baguette with pink roast beef, rocket, onion confit and burger sauce

15,50

### Soup of the day

 $(A \mid G \mid O)$ 

seasonal cream soup with garnish

7



### Truffle Egg Florentine

 $(A \mid C \mid G \mid L)$ 

Poached egg on truffle sprinkled baby spinach topped with Hollandaise Sauce, baked to perfection

12,50



### Caramelised fresh goat's cheese

 $(A \mid G \mid H \mid N)$ 

with balsamic glaze, roasted walnuts, pepper, mango chutney and chili

15,50

#### take away

### **Smoked Fish Panini**

 $(A \mid C \mid D \mid G \mid L \mid M \mid O)$ 

stuffed with creamy smoked trout, Mozzarella cheese, red cabbageapple-salad and leaf lettuce

16,50

handmade — handmade — handmade

### — hearty —



### **Black Burger**

 $(A \mid C \mid F \mid G \mid L \mid M \mid O)$ 



### **Red Burger**

(A | C | G)

pulled beef, cheddar cheese and caramelised veggie patty, Rucola salad, avocado dip, onion confit served with chips tomatoes, served with chips

22

15



### Vegan Burger

 $(A \mid L \mid M \mid O)$ 

Rucola salad, vegan patty, vegan cheddar cheese, caramelised onion confit, vegan Mayo, served with chips

16,50

### Ribeye Steak

(approx. 300 g) (G)

grilled vegetables, herb butter

39

### Swordfish Steak

grilled (approx. 300 g) (D | G)

grilled vegetables, lemongrass sauce

37



+ Flavoured Chips ..... 5,50

+ Potatoe Wedges .... 5,50

+ Side Salad .... 5,50



Burger & Steak — Burger & Steak — Burger & Steak — Burger & Steak

### pasta



### Aglio e olio

 $(A \mid C \mid E \mid G)$ 

Spaghetti in fine olive oil, roasted garlic, pine nuts, chili, fresh parsley, parmesan cheese

12,50

### Pasta Salmone

(A | C | D | G | O)

Tagliatelle with smoked salmon, baby spinach, fresh cheese cream, lemongrass sauce

17,50



### Truffle Pasta

 $(A \mid C \mid G \mid O)$ 

Tagliatelle in creamy parmesan cheese sauce, fresh thinly shaved truffle and chives

Side salad

 $(A \mid O \mid N)$ 

leaf salad, cherry tomatoes, corn, edamame, sesame-& balsamico dressing

5,50

21,50

Pasta — Pasta

### salad \_\_\_ bowls



### **Baked chicken**

(approx. 150g)

(A)

in cornflakes breadcrumbs

+ 9.50

### Basis:

leaf salad, couscous, edamame, black beans, cherry tomatoes, dried cranberries, corn, roasted onions, sesame, yoghurt-& balsamico dressing

### Rumpsteak strips

(approx. 150g)

(M)

with Barbecue-Sauce + 14,50



### $(A \mid N \mid C \mid G \mid O)$

9,50

### Falafel-Trio

(approx. 160g)

(A)

chickpeas, red beets, pumpkin + 6.50

Char

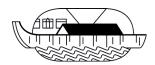
(approx. 150g)

(D)

+ 15,50

### **Vegane Bowl**

 $(A \mid F \mid L \mid N \mid O)$ 



Falafel, Quinoa, edamame, tomatoes, leaf salad, dried cranberries, sunflower seeds



17,50

### — Pinsa —



#### **Mozzarella-Tomatoes**

 $(A \mid F \mid G)$ 

cherry tomatoes, mozzarella cheese, tomato sauce, basil

17,50

### Anchovy

 $(A \mid D \mid F \mid G)$ 

anchovy, mozzarella cheese, tomato sauce, caper berries, olives, oregano

19

### Pumpkin-Brie-Pear

 $(A \mid F \mid G \mid O \mid H)$ 

pumpkin and fresh cheese cream, pears, caramelised onions, walnuts and soft brie

22

### Vegan Pinsa

 $(A \mid F)$ 

cherry tomatoes, vegan mozzarella cheese, tomato sauce, basil

22

10 3

Pulled Beef

 $(A \mid F \mid 0)$ 

pulled beef, mozzarella cheese, tomato sauce, oregano

22,50

"No, it's not a typo. Pinsa traces its origins back to the Roman Empire. It's oval in shape, not round. It's light, airy and super crispy. Its secret lies in the preparation of the dough which consists of rice flour, sourdough, corn flour and soy flour and is left to rise and mature for up to 72 hours, time enough for the fermentation process to work all its wonders and produce a light, easily digestible Pinsa. No tummy rumble worries!"

YOUR TRAUNREITER

#### PINSAs — Pinsas — Pinsas — PINSAs — Pinsas — Pinsas — PINSAs

### **Sweet & Cheese**

### Chocolate Soufflé

 $(A \mid C \mid F \mid G)$ 

vanilla ice cream, chocolate sauce

9,50

#### **Sorbetto**

lemon sorbet, prosecco or vodka

7,50



### Fresh butter waffle

 $(A \mid C \mid G)$ 

with vanilla ice cream, forest berries, whipped cream

7.50



### Warm Cheese Cake

 $(A \mid C \mid G \mid H)$ 

with caramel flavoured popcorn, warm forest berries

12,50

### **Various Cheeses**

(A | G | H | M | N | O)

choice of hard, soft and blue

12,50

#### In our showcase

you will find fresh desserts every day! Please ask our team.



# Allergy information according to Codex recommendation



A	Grains containing gluten
В	Crustaceans
С	Egg
D	Fish
E	Peanuts
F	Soy
G	Milk or lactose
Н	Edible nuts
L	Celery
M	Mustard
N	Sesame
0	Sulphites
Р	Lupines
R	Molluscs

### Information about sweeteners

(in accordance with FMH - federal Ministry of Health - regulation from 10/07/2014, Federal Law Gazette No. 11/175/2014)

\*) Contains a source of phenylalanine
\*\*) Can have a laxative effect if consumed excessively

Allergy —	Information	— Allergy —	Information	— Allergy
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### Bread, water and salt. Symbols of life!

Life without salt, unthinkable. Embrace your life fully, with all its intensity and thrills, and all its ups and downs - yes, the Traunreiter has been there and done it.

"Salt was the crown of our most precious assets. And we, the Traunreiters, were important for salt, and we knew it. We would have risked life and limb for our skiffs. From the beginning, salt was always more than just salt in the soup - it was our life and we carried it all the way to Ebensee with our skiffs on the river Traun. As early as the 16th Century a by law was passed to ensure the return of the skiffs upstream. That gave us an additional role. Everybody looked forward to our bountiful cargoes of delicious food and, above all good wine. It wasn't easy, every day was a challenge; storms, rapids, rogues and bandits all looking to carry away our valuable cargo. You can imagine, when we finally arrived, what heroes we were! I know what prepared me for all life's challenges and triumphs. How about you?"

